The preacher on the right started this small group in a house in the poor suburbs of Cape Town. Pictured with Martha is a group that was a blessing to us, but also we were a great blessing to them.

Don't ever think that there is no good food in Africa. African sisters can cook some of the best food in the world.

You have to love Africa because of the children. They often live in very difficult environments, but never lose their joy.

Traveling in South Africa can sometimes be like driving in a winter wonderland. During the winter months it can snow a great deal on the mountains. In some areas there is much snow on roads.

A view of Robin Island from the top of Table Mountain. This is where Nelson Mandela spend 27 years in prison.

Sometimes the roads of Africa do not take you through pretty scenery. Real Africa is where people often just survive.